|  |  |
| --- | --- |
| Food: | Prosecco |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Suggested Brands | Size / Weight (ml)  Per bottle | Number of Calories  (Kcal) | Saturated Fat (g) | Carbohydrate (g) | Price |
| Sainsbury's Prosecco Frizzante | 75 cl | 480 | 0.0 | 10.8 | 6.00 |
| Sainsbury's Conegliano Prosecco, Taste the Difference | 75 cl | 492 | 0.0 | 10.8 | 8.00 |
| Plaza Centro Prosecco | 75 cl | 504 | 0.0 | 10.8 | 5.00 |
| Tesco Finest Prosecco Doc | 75 cl | 504 | 0.0 | 10.8 | 7.00 |
| Morrisons The Best Valdobbiadene Prosecco 7 | 75 cl | 504 | 0.0 | 10.8 | 10.00 |
| Sainsbury's Prosecco DOC Extra Dry, SO Organi | 75 cl | 510 | 0.0 | 10.8 | 10.00 |
| Bella Cucina Prosecco | 75 cl | 516 | 0.0 | 10.8 | 6.25 |
| Canti Prosecco | 75 cl | 558 | 0.0 | 10.8 | 7.00 |
| Fillipo Sansovino Prosecco | 75 cl | 558 | 0.0 | 10.8 | 7.00 |
| Freixenet Prosecco D.O.C. | 75 cl | 558 | 0.0 | 10.8 | 9.00 |
| Esatto Prosecco | 75 cl | 558 | 0.0 | 10.8 | 7.00 |
| Pendium Prosecco | 75 cl | 558 | 0.0 | 10.8 | 8.50 |
| ASDA Extra Special Prosecco Asolo Brut DOCG | 75 cl | 558 | 0.0 | 10.8 | 8.00 |
| Martini Prosecco | 75 cl | 558 | 0.0 | 10.8 | 10.00 |
| Fillipo Sansovino Valdobbiadene Prosecco | 75 cl | 558 | 0.0 | 10.8 | 9.00 |
| Alberto Nani Organic Prosecco | 75 cl | 558 | 0.0 | 10.8 | 9.00 |
| Fillipo Sansovino Millesimato Brut Prosecco | 75 cl | 558 | 0.0 | 10.8 | 10.00 |
| 24KT Prosecco Brut | 75 cl | 558 | 0.0 | 10.8 | 12.00 |
| Echo Falls ProsEcho Falls Prosecco | 75 cl | 558 | 0.0 | 10.8 | 11.00 |
| Prosecco Extra Dry | 75 cl | 558 | 0.0 | 10.8 | 6.00 |
| I Heart Prosecco | 75 cl | 558 | 0.0 | 10.8 | 7.00 |
| Morrisons The Best Prosecco DOC | 75 cl | 558 | 0.0 | 10.8 | 7.00 |
| Onbrina Prosecco | 75 cl | 558 | 0.0 | 10.8 | 7.00 |
| Onbrina Prosecco Frizzante | 75 cl | 558 | 0.0 | 10.8 | 6.00 |
| Dandelione Prosecco | 75 cl | 558 | 0.0 | 10.8 | 7.95 |
| Waitrose NV, Glera, Italian, Prosecco | 75 cl | 630 | 0.0 | 10.8 | 7.89 |
| Sorso Prosecco Spumante 7 | 75 cl | 863 | 0.0 | 10.8 | 6.00 |

* Shows Per bottle

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Suggested Brands | Size / Weight (ml)  Per bottle | Number of Calories  (Kcal) | Saturated Fat (g) | Carbohydrate (g) | Price |
| Sainsbury's Prosecco Frizzante | 75 cl | 80 | 0 | 1.8 | 6.00 |
| Sainsbury's Conegliano Prosecco, Taste the Difference | 75 cl | 82 | 0 | 1.8 | 8.00 |
| Plaza Centro Prosecco | 75 cl | 84 | 0 | 1.8 | 5.00 |
| Tesco Finest Prosecco Doc | 75 cl | 84 | 0 | 1.8 | 7.00 |
| Morrisons The Best Valdobbiadene Prosecco 7 | 75 cl | 84 | 0 | 1.8 | 10.00 |
| Sainsbury's Prosecco DOC Extra Dry, SO Organi | 75 cl | 85 | 0 | 1.8 | 10.00 |
| Bella Cucina Prosecco | 75 cl | 86 | 0 | 1.8 | 6.25 |
| Canti Prosecco | 75 cl | 93 | 0 | 1.8 | 7.00 |
| Fillipo Sansovino Prosecco | 75 cl | 93 | 0 | 1.8 | 7.00 |
| Freixenet Prosecco D.O.C. | 75 cl | 93 | 0 | 1.8 | 9.00 |
| Esatto Prosecco | 75 cl | 93 | 0 | 1.8 | 7.00 |
| Pendium Prosecco | 75 cl | 93 | 0 | 1.8 | 8.50 |
| ASDA Extra Special Prosecco Asolo Brut DOCG | 75 cl | 93 | 0 | 1.8 | 8.00 |
| Martini Prosecco | 75 cl | 93 | 0 | 1.8 | 10.00 |
| Fillipo Sansovino Valdobbiadene Prosecco | 75 cl | 93 | 0 | 1.8 | 9.00 |
| Alberto Nani Organic Prosecco | 75 cl | 93 | 0 | 1.8 | 9.00 |
| Fillipo Sansovino Millesimato Brut Prosecco | 75 cl | 93 | 0 | 1.8 | 10.00 |
| 24KT Prosecco Brut | 75 cl | 93 | 0 | 1.8 | 12.00 |
| Echo Falls ProsEcho Falls Prosecco | 75 cl | 93 | 0 | 1.8 | 11.00 |
| Prosecco Extra Dry | 75 cl | 93 | 0 | 1.8 | 6.00 |
| I Heart Prosecco | 75 cl | 93 | 0 | 1.8 | 7.00 |
| Morrisons The Best Prosecco DOC | 75 cl | 93 | 0 | 1.8 | 7.00 |
| Onbrina Prosecco | 75 cl | 93 | 0 | 1.8 | 7.00 |
| Onbrina Prosecco Frizzante | 75 cl | 93 | 0 | 1.8 | 6.00 |
| Dandelione Prosecco | 75 cl | 93 | 0 | 1.8 | 7.95 |
| Waitrose NV, Glera, Italian, Prosecco | 75 cl | 105 | 0 | 1.8 | 7.89 |
| Sorso Prosecco Spumante 7 | 75 cl | 143.8 | 0 | 1.8 | 6.00 |

* Shows Per 125 ml glass

Supermarkets

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| ASDA | Tesco | Morrison’s | Sainsbury’s | Waitrose | Able & Cole | ICELAND |
| YES | YES | YES | YES | YES | YES | YES |

*N/A Indicates Either Nutrition Information Not Available On The Company’s Website Or The Company Doesn’t Supply This Brand.*